GETTING HELP IN DUBUQUE COUNTY

Even if an address is listed below, always call these agencies before going to their locations. Due to the COVID-19 pandemic many of them have limited hours or only meet clients at scheduled times.

CALL 211

From any phone, dial 211 or download the “211 Iowa” app (Google Play or Apple Store) for instant connection with local resources. You can also text your zip code to 898211 to chat live with a 211 Operator 24-hours a day, seven days a week. https://www.211iowa.org/

RENT & UTILITY BILL ASSISTANCE

City of Dubuque Short Term Assistance: 563-564-7489
ECIA Financial Assistance hotline: 833-587-8322
Iowa Legal Aid - foreclosure or eviction risk: 800-532-1275
Operation New View: 563-556-5130
Resources Unite: 563-231-6280
St. Vincent de Paul: 563-584-2226
Salvation Army: 563-556-1573
State of Iowa Rent & Mortgage Assistance: 855-300-5885

MENTAL HEALTH & SUBSTANCE ABUSE COUNSELING

Hillcrest Family Services - Mobile Crisis Line: 855-800-1239
Catholic Charities: 800-772-2758
COVID Recovery Counseling: 844-775-WARM
National Alliance on Mental Illness: 800-950-6264
Substance Abuse Services Center - Dubuque: 563-582-3784
Substance Abuse & Mental Health Services: 800-662-4357 (English & Español)
Suicide Prevention Lifeline: 800-273-8255

DOMESTIC VIOLENCE & CHILD ABUSE

Iowa Child Abuse Hotline: 800-362-2178
Iowa Domestic Violence Hotline: 800-799-SAFE (7233)
Parent Helpline: 855-427-2736
Waypoint: 319-365-1458 (advocacy)
Friends of the Family: 563-590-0537 (housing)
YMCA Women’s Victim Services Shelter: 563-556-1100

SEXUAL ASSAULT

Riverview Center: 563-557-0310
FOOD ASSISTANCE

Food pantries (boxes of groceries & supplies)
Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
Dubuque Food Pantry: 1598 Jackson St, 563-583-4440
Dubuque Veteran's Affairs Food Pantry: 563-589-7840
Dyersville Food Pantry: 563-542-1204
ECIA Food Assistance hotline: 833-587-8322
Resources Unite: 1900 JFK Rd., 563-231-6280
St. Vincent de Paul: 1351 Iowa St., 563-584-2226
Salvation Army: 1099 Iowa St., 563-556-1573

Meal sites (prepared meals to-go)
Meal times may change during the pandemic. Call ahead to confirm:

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<th>SUN</th>
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<tbody>
<tr>
<td>BREAKFAST</td>
<td>7:30am: Dubuque</td>
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<td>LUNCH</td>
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<td>DINNER</td>
<td>4 - 6pm: Urban Bicycle Food Mission (see specific times below)</td>
<td>5:00pm Rescue Mission</td>
<td>4:30pm: St. Patrick's Church</td>
<td>4:30pm First Congregational United Church of Christ</td>
<td>5:00pm Rescue Mission</td>
<td>5:00pm: St. Luke's United Methodist Church</td>
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<td>6:00pm Hope House</td>
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CONTACT INFO & ADDRESSES:
Dubuque Rescue Mission: 398 Main St., 563-583-1394
Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
First Congregational United Church of Christ: 255 W. 10th St., 563-582-3648
Hope House Catholic Worker House: 1592 Locust St., 563-582-9079
St. Luke’s United Methodist Church, 1199 Main St., 563-582-4543
St. Patrick’s Church: 1425 Iowa St., 563-583-9749
Urban Bicycle Food Mission: 4:00pm Dubuque Area Labor Harvest (423 W Locust); 4:30pm Library (11th & Locust); 5:10pm Old Conoco Food Mart Lot (5th & Locust); 5:45pm Cricket Wireless Parking Lot (20th & Elm)
Meals for children (Monday - Friday)

Audubon School: 605 Lincoln Ave, 4:45 - 5:30pm
Boys & Girls Club: 563-585-0599, 1299 Locust St, 4:15 - 5:30pm
Comiskey Park: 255 E 24th St, 3:30 - 4:15pm
*Fulton School: 2540 Central Ave, 11:45am - 12:15pm*
*Hempstead High School: 3715 Pennsylvania Ave, 11:00am - 11:30am*
Hoover School: 3259 St Anne Dr, 5:15 - 6:00pm
*Prescott School: 1151 White St, 11:00 - 11:30am*
Terrace Heights: 4001 Peru Rd, 4:15 - 4:45pm
Wahlert Catholic High School: 2005 Kane St, 11:30am - 12:30pm (breakfast & lunch)
*Washington Middle School: 51 N. Grandview Ave, 11:45am - 12:15pm*

*Students getting meals at the Dubuque Community School sites in BOLD above will need their school IDs or lunch cards to get meals. Full details on free/reduced lunch eligibility can be found here: [https://www.dbqschools.org/district/departments/food-nutrition/2020-2021-school-year-meal-sites/](https://www.dbqschools.org/district/departments/food-nutrition/2020-2021-school-year-meal-sites/)

Meals for Seniors

Meals on Wheels: 800-779-8707

BABY SUPPLIES (FOOD, FORMULA, DIAPERS)

Clarity Clinic: 563-556-5250
Resources Unite: 563-231-6280

PERSONAL HYGIENE PRODUCTS

Dubuque Rescue Mission: 563-583-1394
First Congregational United Church of Christ: 563-582-3648
Resources Unite: 563-231-6280

FEMININE HYGIENE PRODUCTS

Dubuque Food Pantry: 563-583-4440
Dubuque Rescue Mission: 563-583-1394
First Congregational United Church of Christ: 563-582-3648
Red Basket Project: 563-542-5933
Resources Unite: 563-231-6280
Riverview Center: 563-557-0310
Crescent Community Health Center: 563-690-2850
TRANSPORTATION

DuRide (senior citizens; urgent medical & supply pick-up only): 563-451-4999
The Jule (Dubuque city bus): 563-589-4196
Regional Transit Authority (outside the city of Dubuque): 563-588-4592
Resources Unite: 563-231-6280

SENIOR CITIZENS

Northeast Iowa Area Agency on Aging: 563-588-3970

VETERANS

Dubuque County Veterans Affairs: 563-589-7840
Veterans Freedom Center: 563-845-0034

EN ESPAÑOL

Línea directa multilingüe: 877-558-2609, oprima 1
Línea Ayuda - Iowa: 515-344-3936
Catholic Charities - servicios jurídicos de inmigración: 800-772-2758
St. Vincent de Paul: 563-584-2226

MARSHALLESE

For assistance in Marshallese: 563-231-1050
Jiban ko Ikijen Mona: https://bit.ly/3aVL1Bs