GETTING HELP IN DUBUQUE COUNTY

Even if an address is listed below, always call these agencies before going to their locations. Due to the COVID-19 pandemic many of them have limited hours or only meet clients at scheduled times.

CALL 211

From any phone, dial 211 or download the “211 Iowa” app (Google Play or Apple Store) for instant connection with local resources. You can also text your zip code to 898211 to chat live with a 211 Operator 24-hours a day, seven days a week.

RENT & UTILITY BILL ASSISTANCE

Operation New View: 563-556-5130
Resources Unite: 563-231-6280
St. Vincent de Paul: 563-584-2226
Salvation Army: 563-556-1573

MENTAL HEALTH & SUBSTANCE ABUSE COUNSELING

Hillcrest Family Services - Mobile Crisis Line: 855-800-1239
Catholic Charities: 800-772-2758
National Alliance on Mental Illness: 800-950-6264
Substance Abuse Services Center - Dubuque: 563-582-3784
Substance Abuse & Mental Health Services: 800-662-4357 (English & Español)
Suicide Prevention Lifeline: 800-273-8255

DOMESTIC VIOLENCE & CHILD ABUSE

Iowa Child Abuse Hotline: 800-362-2178
Iowa Domestic Violence Hotline: 800-799-SAFE (7233)
Parent Helpline: 855-427-2736
Waypoint: 319-365-1458 (advocacy)
Friends of the Family: 563-590-0537 (housing)
YMCA Women’s Victim Services Shelter: 563-556-1100

SEXUAL ASSAULT

Riverview Center: 563-557-0310
FOOD ASSISTANCE

Food pantries (boxes of groceries & supplies)
Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
Dubuque Food Pantry: 1598 Jackson St, 563-583-4440
Dubuque Veteran's Affairs Food Pantry: 563-589-7840
Dyersville Food Pantry: 563-542-1204
Resources Unite: 1900 JFK Rd., 563-231-6280
St. Vincent de Paul: 1351 Iowa St., 563-584-2226
Salvation Army: 1099 Iowa St., 563-556-1573

Meal sites (prepared meals to-go)
Meal times may change during the pandemic. Call ahead to confirm:

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<th>SUN</th>
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<tbody>
<tr>
<td>BREAKFAST</td>
<td>7:30am: Dubuque Rescue Mission</td>
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<td>DINNER</td>
<td>4 - 6pm: Urban Bicycle Food Mission (see specific times below)</td>
<td>5:00pm Rescue Mission 6:00pm: Hope House</td>
<td>5:00pm Rescue Mission</td>
<td>4:30pm: St. Patrick’s Church</td>
<td>4:30pm First Congregational United Church of Christ</td>
<td>5:00pm Rescue Mission</td>
<td>5:00pm: St. Luke’s United Methodist Church</td>
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CONTACT INFO & ADDRESSES:
Dubuque Rescue Mission: 398 Main St., 563-583-1394
Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
First Congregational United Church of Christ: 255 W. 10th St., 563-582-3648
Hope House Catholic Worker House: 1592 Locust St., 563-582-9079
St. Luke’s United Methodist Church, 1199 Main St., 563-582-4543
St. Patrick’s Church: 1425 Iowa St., 563-583-9749
Urban Bicycle Food Mission: 4:00pm Dubuque Area Labor Harvest (423 W Locust);
4:30pm Library (11th & Locust); 5:10pm Old Conoco Food Mart Lot (5th & Locust);
5:45pm Cricket Wireless Parking Lot (20th & Elm)
Meals for children (Monday - Friday)

- **Allison Henderson Park**: 1500 Loras Blvd, 10:00 - 10:30am; 3:00 - 3:30pm
- **Audubon School**: 605 Lincoln Ave., 4:45 - 5:30pm
- **Bee Branch Amphitheater**: 10:15 - 10:45am; 12:45 - 1:15pm
- **Boys & Girls Club**: 563-585-0599, 1299 Locust St, 4:15 - 5:30pm
- **Burden Park**: 2701 Burden St, 9:45 - 10:15am; 12:15 - 12:45pm
- **Comiskey Park**: 255 E 24th St, 3:30 - 4:15pm
- **Dubuque Dream Center**: 563-845-7591, 1600 White St., 11am - 1pm, 4pm - 5:30pm
- **Dubuque Food Pantry**: 1598 Jackson St, Fri & Sat Jul 10 - Aug 7 at 12:30pm (meals for the weekend)
- **Flora Park**: 2605 Pennsylvania Ave, 10:30 - 11:00am; 3:15 - 3:45pm
- **Holy Ghost School**: 2921 Central Ave., 11am - 12:30pm
- **Hoover School**: 3259 St Anne Dr, 5:15 - 6:00pm
- **Jackson Park**: 15th & Main, 10:00am - 10:30am; 12:30pm - 1:00pm
- **Lincoln School**: 555 Nevada Ave, 4:45 - 5:30 pm
- **Marshall School**: 1450 Rhomberg Ave, 3:30 - 4:15 pm
- **Murphy Park**: 1700 South Grandview Ave., 9:45 - 10:15am; 11:45am - 12:15pm
- **Prescott School**: 1151 White St, 11 am - 1 pm
- **Resources Unite**: 1900 JFK Rd., 11:00am - 12:30pm
- **Roosevelt Middle School**: 2001 Radford Rd, 11:00am - 1:00pm
- **Super 20 Mobile Home Park**: 14501 N. Cascade Rd, 12:30 - 12:50pm
- **Table Mound Mobile Home Park (Casey’s side of highway)**: 1221 Maquoketa Dr, 11:40am - 12:00pm
- **Table Mound Mobile Home Park (DOT side of highway)**: 700 Noonan St, 11:00 - 11:20am
- **Terrace Heights**: 4001 Peru Rd, 4:15 - 4:45pm

The Dubuque Community School District website is updated regularly with new information about food sites and meal availability: [https://www.dbqschools.org/coronavirus-information/food-resources/](https://www.dbqschools.org/coronavirus-information/food-resources/)

Seniors

Meals on Wheels: 800-779-8707

**BABY SUPPLIES (FOOD, FORMULA, DIAPERS)**

- Clarity Clinic: 563-556-5250
- Resources Unite: 563-231-6280

**PERSONAL HYGIENE PRODUCTS**

- Dubuque Rescue Mission: 563-583-1394
- First Congregational United Church of Christ: 563-582-3648
- Resources Unite: 563-231-6280
FEMININE HYGIENE PRODUCTS
Dubuque Food Pantry: 563-583-4440
Dubuque Rescue Mission: 563-583-1394
First Congregational United Church of Christ: 563-582-3648
Red Basket Project: 563-542-5933
Resources Unite: 563-231-6280
Riverview Center: 563-557-0310
Crescent Community Health Center: 563-690-2850

TRANSPORTATION
DuRide (senior citizens; urgent medical & supply pick-up only): 563-451-4999
The Jule (Dubuque city bus - rides are currently FREE): 563-589-4196
Regional Transit Authority (outside the city of Dubuque): 563-588-4592
Resources Unite: 563-231-6280

SENIOR CITIZENS
Northeast Iowa Area Agency on Aging: 563-588-3970

VETERANS
Dubuque County Veterans Affairs: 563-589-7840
Veterans Freedom Center: 563-845-0034

EN ESPAÑOL
Línea directa multilingüe: 877-558-2609, oprima 1
Línea Ayuda - Iowa: 515-344-3936
Catholic Charities - servicios jurídicos de inmigración: 800-772-2758
St. Vincent de Paul: 563-584-2226

MARSHALLESE
For assistance in Marshallese: 563-231-1050